

# CONCENTRATION IN PRAYER

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COURSE TWO - QUESTIONS



**25 WAYS**  
TO BE MORE EFFECTIVE  
AND ATTENTIVE IN YOUR  
**PRAYER**

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**PART TWO - QUESTIONS**

- 1) How will Allah reward you in your Prayer if you "empty" yourself (i.e. disengage yourself from all other preoccupations to make yourself available) for His worship?

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- 2) How will Allah punish you in your Prayer if you do not. disengage yourself from all other preoccupations to make yourself available) for His worship?

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- 3) What does the term *tafarrugh* of the heart for the sake of worship means?

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**PART TWO - QUESTIONS**

- 4) How do you obtain freedom from other preoccupations for the sake of absorption in worship?

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- 5) A worship performed without an \_\_\_\_\_ is devoid of value.

- 6) Name and explain the two matters which bring about attentiveness of the heart in Prayer.

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- 7) When and how would a person allocate a certain time to Prayer and be careful to observe its timings?

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**PART TWO - QUESTIONS**

8) What is the most important aspect of Prayer?

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9) When would a person delay his Prayer?

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10) What did The Prophet (S) say to his family on his death-bed?

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11) What you will not receive from the Aimmah (AS) if you treat Prayer lightly?

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12) What is the fear in a person if he or she does not give due importance to Prayer?

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13) Which kind of worship is a disgrace and this mode of supplicating with the Lord is shameful.

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14) What was the condition of the Infallible (AS), during their worship and Prayer?

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15) Explain the incident about Imam Ali (AS) and an ail arrow that had pierced his blessed foot.

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- 16) How do you achieve detachment of the heart from everything except Allah during Prayer?

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- 17) The reward that you derive from your Prayer is limited to what?

- 18) What was Imam Sajjad (AS)'s reply when asked about his cloak that slipped from his shoulders during Prayer and did not arrange it?

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- 19) Verily, the reward a devotee derives from prayer is equal to the extent of it that he offers with this kind of heart.

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- 20) What happens when a devotee turns with his heart to Allah, the Exalted, during prayer?

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21) According to al-Imam al-Sadiq (AS), what happens to that person who offers two units of Prayer with the knowledge of what he says therein

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22) Two light units of Prayer offered with contemplation are better than this act.

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23) Name the two main kinds of attention in worship.

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24) Name the first stage from the lower degrees of the levels of attentiveness of the heart in Prayer.

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25) Name the three main level of the heart's attention to The Worshipped One during Prayer.

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- 26) Allah created this by itself. Then He brought all things into existence through it's agency.

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- 27) What is the ultimate stage of attention that ultimately leads the attentive one to be absorbed in the *tajalliyat* of Acts?

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- 28) This is beyond human power to experience, and even al-Sadiq (AS) went into a swoon after experiencing this during his Prayer.

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- 29) What did The Prophet (S) say about his status with the Almighty (SWT) during Prayer?

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30) How can one obtain a full and unwavering attention of the heart during Prayer?

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31) What happens when someone offers an obligatory Prayer at the beginning of its time and observes its prerequisites?

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32) What happens when someone offers Prayer without any excuse after its time has elapsed and does not observe its requisite manners?

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33) Explain incarnation of actions and beliefs in the hereafter.

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34) Why the supererogatory acts of worship?

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35) Out of the Prayer offered by a man only this much rises to heaven in accordance with the extent of his lapses therein.

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- 36) The Prophet (S) considered \_\_\_\_\_ to be his pride.
- 37) Imam Ali (AS) compared the world to his \_\_\_\_\_.
- 38) Najm al-Din Kubra considered \_\_\_\_\_ better than dishonor.
- 39) What forms in the heart of a person as a result of attachment to worldly treasures and riches and due to the company and association with those who possess these?

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- 40) The presence of Allah in your heart will bring this reward to you.

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- 41) How do you seek nearness to Allah? \_\_\_\_\_

- 42) Describe what happens when Allah loves you?

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43) When do you no longer see any greatness, majesty or efficiency in anything other than God?

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44) There is nothing that is efficient in the realm of being except \_\_\_\_\_.

45) This \_\_\_\_\_ of the heart for the sake of worship may gradually lead one to the higher degrees of heart's concentration in worship.

46) What happens when a person turns away from God and becomes absorbed in the world?

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47) What happens when a person whose heart is turned towards God and the higher Truth, and is totally submerged in the Divine light?

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- 48) Leaving a person to his own devices and to delegate his own affairs is impossible. Explain.

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- 49) What happens when the walls of egoism and egotism envelop a person?

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- 50) What happens to a person when his heart turns away from attention to God and fails to achieve the detachment necessary for paying attention to Him during Prayer?

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